



Kissing a Smoker is like licking an ashtray!

Let's face it, no one wants to kiss someone with yellowing or decaying teeth, stinky breath, hairy tongue, excessive sores on the mouth, or anyone who just used a tobacco product. Tobacco has negative effects that it places on you when you become a user.

What else is it doing to your body besides **effecting your physical appearance?**

- It is increasing your chance of heart disease
- Your lung growth slows
- Decreases your athletic ability because you are short of breath
- Increases your risk of the following cancers:
 - Lung
 - Esophageal (throat)
 - Gum
 - Laryngeal (voice box)
 - Oral

Take it Outside~

Everyone deserves to breathe smokefree air!

Encouraging you to create a tobacco free Interior.



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Top 10 Reasons You Shouldn't Smoke:

Stinky Breath
Yellow Teeth



Hairy Tongue
Extra Phlegm
Tar Filled Lungs
Wrinkles
Shortness of breath
Stroke
Cancer
Heart Disease



- If you haven't started using tobacco, **DON'T** start, you will be one of the **80%** of youth who do not currently use tobacco!
- **90%** of all tobacco users began using by the age of 18, which is what the tobacco companies want.
- Tobacco companies target youth with their candy flavored tobacco products to replace those who have died from tobacco related diseases

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