

Fold and Mail

Tanana Chiefs Conference
Fitness for Life

A Diabetes Prevention and Health
Promotion Program

Diabetes Program
Hozelleh Denh Lifestyle Center
1-800-478-6682 Extension 3773
(907) 451-6682 ex 3773
john.martin@tananachiefs.org

TCC Diabetes Program
C/O Hozelleh Denh Lifestyle Center
122 1st Avenue
Fairbanks, AK 99701

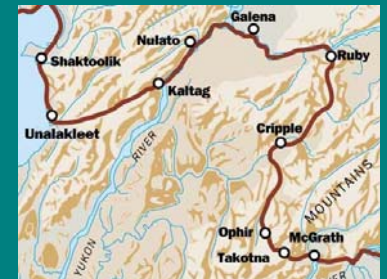
TCC Diabetes Program
C/O Hozelleh Denh Lifestyle Center
122 1st Avenue
Fairbanks, AK 99701

TANANA CHIEFS CONFERENCE DIABETES PROGRAM

Tanana Chiefs

Checkpoint Log

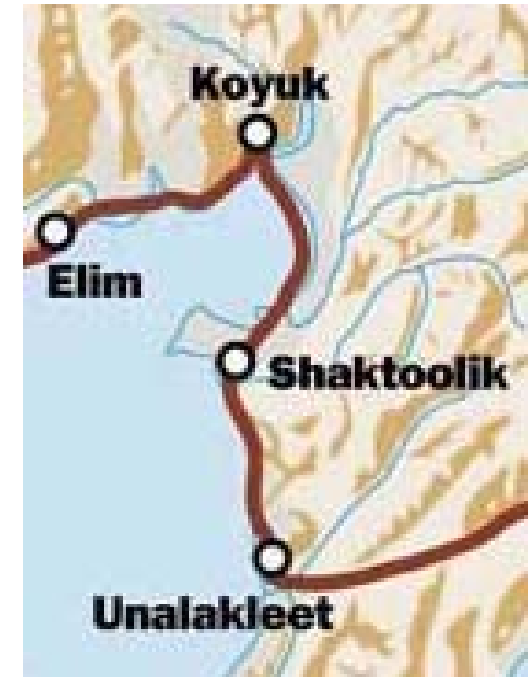
Unalakleet to Shaktoolik
Check point #19



1049 Mile Fitness
Walking Program

Be among those recognized for having
walked the equivalent of the Iditarod Trail

*More than a walk,
a discovery of
oneself*

[illegible]

**Tanana Chiefs Conference
Family on the Move
Fitness for Life**

When you walk 40 miles send
this checkpoint log to “fitness
headquarters” c/o TCC
Diabetes Program

TCC Diabetes Program
Chief Andrew Isaac Health Center