

Fold and Mail

Tanana Chiefs Conference
Fitness for Life

A Diabetes Prevention and Health
Promotion Program

Diabetes Program
Hozelleh Denh Lifestyle Center
1-800-478-6682 Extension 3773
(907) 451-6682 ex 3773
john.martin@tananachiefs.org

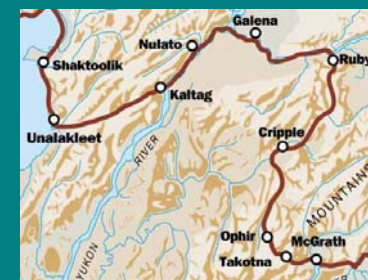
TCC Diabetes Program
C/O Hozelleh Denh Lifestyle Center
122 1st Avenue
Fairbanks, AK 99701

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TANANA CHIEFS CONFERENCE DIABETES PROGRAM

Tanana Chiefs

Checkpoint Log



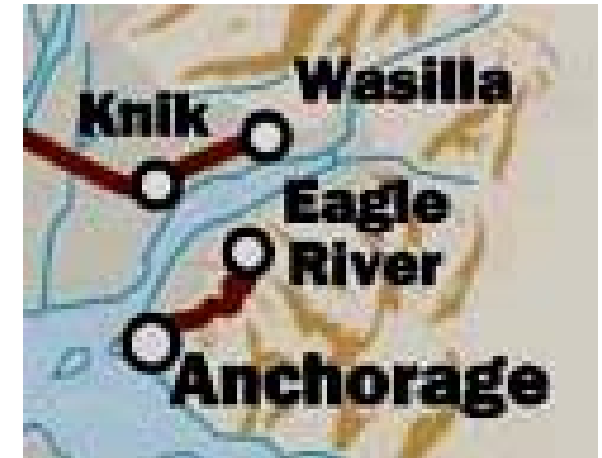
1049 Mile Fitness Walking Program

Be among those recognized for having
walked the equivalent of the Iditarod Trail

On the trail Anchorage to Alaskan Range!

Check Point # 3 Wasilla to Knik 14 Miles

*More than a
walk, a
discovery of
oneself.*

[illegible]

1049 Mile Walking Trail Knik Checkpoint

Log of: Name _____

Address: _____

**Tanana Chiefs Conference
Family on the Move
Fitness for Life**

Contact person: John Martin

When you walk 14 miles send this
checkpoint log to “fitness
headquarters” c/o TCC Diabetes
Program

TCC Diabetes Program
Chief Andrew Isaac Health Center