

Fold and Mail

Tanana Chiefs Conference
Fitness for Life

A Diabetes Prevention and Health
Promotion Program

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TCC Diabetes Program
C/O Hozelleeh Denh Lifestyle Center
122 1st Avenue
Fairbanks, AK 99701

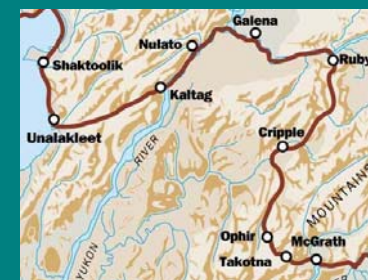
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122 1st Avenue
Fairbanks, AK 99701

TANANA CHIEFS CONFERENCE DIABETES PROGRAM

Tanana Chiefs

Checkpoint Log

Koyuk to Elim
Check point #21



1049 Mile Fitness
Walking Program

Be among those recognized for having
walked the equivalent of the Iditarod Trail

*More than a walk,
a discovery of
oneself*

[illegible]

Log of: Name:_____

Address: _____

When you walk 48 miles send
this checkpoint log to “fitness
headquarters” c/o TCC
Diabetes Program

TCC Diabetes Program
Chief Andrew Isaac Health Center